

## General Indicators of Human Trafficking\*

- Shares a scripted or inconsistent history
- Unwilling to speak freely or share information
- Accompanied by a controlling person
- Demonstrates fearful or nervous behavior or avoids eye contact
- Not in control of own identification (ID) or money
- Unaware of current location, date, or time
- Unable to leave home or job

## Physical Health Indicators\*

- Signs of physical abuse, sexual abuse, or unexplained injuries
- Reproductive health issues
- History of substance use
- Effects of prolonged exposure to industrial or agricultural chemicals
- Somatic complaints

## Mental Health Indicators\*

- Depression
- Suicidal ideation
- Self-harming behaviors
- Flashbacks
- Hyper-vigilance
- Memory loss

## Social or Developmental Indicators\*

- High-risk behaviors, e.g., for minors - running away, early sexual initiation
- Trauma bonding with trafficker or other victims
- Delayed physical or cognitive development

\*This list is not exhaustive. Trafficking survivors may experience one or more of these indicators, none of these indicators, or indicators not on this list. The list is intended to help you assess if a patient's condition may be a result of a trafficking-related trauma and should be considered in that context.

Health care providers may come into contact with victims of human trafficking and have a unique opportunity to connect them with support and services. Anyone in a health care setting may be in a position to identify, treat, and respond appropriately to human trafficking.

**Email [info@nhttac.org](mailto:info@nhttac.org) to request SOAR to Health and Wellness training.**



3625 W Waters Ave. Tampa, FL 33614  
(813) 877-9303 | [www.LSFnet.org](http://www.LSFnet.org)  
Local Help: Lutheran Services Florida

For more information about human trafficking, visit [aclhs.gov/anttrafficking](http://aclhs.gov/anttrafficking)

**text 233733 (BEEFEE),  
1-888-373-7888 or**

the National Human Trafficking Hotline  
If you think someone is a victim of human trafficking, call

## Human Trafficking Indicators

The following is a list of potential red flags and indicators that health care providers may see in a patient who may be a victim of human trafficking.