



Self-Directed Care Program

SDC crisis plan Cx Life coach/Broker helps participants to complete a Crisis Plan to address after-hour emergencies.

SDC demo Cx Client records include: Client Name, Address, telephone number, marital status, sex, race, date of birth

SDC Eligibility Cx Client eligibility:

- (1) Are eligible for publicly funded substance abuse and mental health services pursuant to s. 394.674, F.S.;
- (2) Must be at least eighteen (18) years of age;
- (3) Has been diagnosed with a severe and persistent mental illness

SDC orientation Cx Life Coaches/Brokers provide new Participant orientation and education within fifteen (15) days of enrollment.

SDC Plans Cx Life Action Plans contain S.M.A.R.T goals is completed by each Participant within ten (10) days of orientation to the program.

SDC Plans Cx SDC Life Action Plans using the S.M.A.R.T model of goal setting, which assures that goals are specific, measurable, attainable, realistic and time-limited.

SDC Plans Cx Life action plans are updated semi annually (every six (6) months).

SDC Progress Notes Cx The Life coach/Broker is responsible for convening or leading mandatory monthly meetings with participants At these meetings, the Life coach/Broker reviews and updates goal statements and individual budgets with participants as required. Life Coach/Broker completes monthly progress reports.

SDC Qtr Progerss Rep Cx Once each quarter, the Life coach/Broker helps participants to complete their Quarterly Progress Reports.