

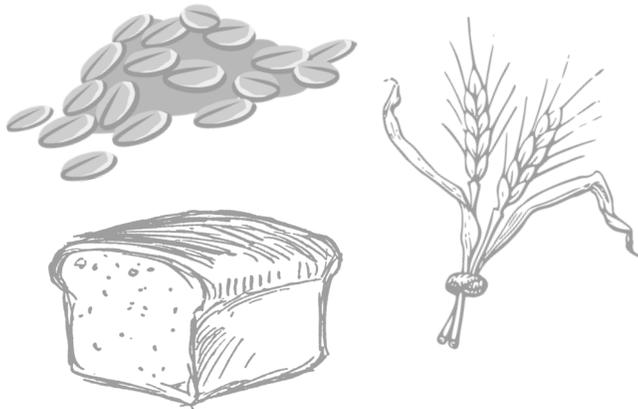
Creditable and Non-Creditable Grains

Grain-based desserts will not be creditable on the Child Care Food Program beginning October 1, 2017. The following chart lists creditable and non-creditable grain items. Non-creditable grain items cannot contribute towards a reimbursable meal, but may be served as an “extra” food on occasion. Creditable grain items must be in the correct portion for the age group served (refer to Exhibit A-Grains Requirement) and must be whole grain, enriched, or made from whole grain or enriched meal or flour. Prepackaged products must have whole grain or enriched flour or meal as the first ingredient. At least one serving per day, across all eating occasions, must be 100% whole grain.



Non-creditable Grains

Brownies
Cake (all varieties, frosted or unfrosted)
Cereal Bar/Treat
Cobbler/Fruit Crisp
Cookies (all kinds)
Doughnuts
Fig Bar
Fruit Turnover
Grain Fruit Bar
Granola Bar (all kinds)
Honey Bun
Oatmeal (more than 6 grams of sugar per dry ounce)
Pastry
Popcorn
Pop Tart
Potato/Vegetable Chips (or puffs/straws/sticks)
Ready-to-eat Cereal (more than 6 grams of sugar per dry ounce)
Sweet Roll/Sticky Bun
Tortilla chips—flavored²
Wafers (chocolate, vanilla)



Creditable Grains¹

Animal Crackers (plain)
Bagel/Bagel Chips
Banana Bread (or other fruit/vegetable breads)
Barley
Batter or Bread Type Coating
Biscuits
Bread, Buns
Bread Sticks (hard or soft)
Bulgur or Cracked Wheat
Cornbread/Corn Muffin
Croissants
Crepes
Crackers (savory snack crackers, plain, cheese, peanut butter)
Croutons
Egg Roll Skins, Won Ton Wrappers
English Muffin
French Toast (slices or sticks)
Graham Crackers (plain, all shapes)
Grits
Muffins/Quick Bread
Oatmeal (with 6 grams of sugar or less per dry ounce)
Pancakes
Pasta/Couscous/Macaroni/Noodles (all shapes)
Pita Bread /Pita Chips
Pizza Crust
Pretzels (hard or soft)
Quinoa
Ravioli
Ready-to-eat Cereal (6 grams of sugar or less per dry ounce)
Rice
Rolls
Stuffing (dry)
Tortillas /Arepa
Tortilla Chips/Shells—unflavored²
Waffles

1. Toppings and extras including brown sugar, butter, chocolate chips, cream cheese, honey, jelly, and syrup are a concentrated source of empty calories. They should be served in small portions and used minimally.
2. Tortilla chips with a flavor coating are not creditable. Only plain tortilla chips may be served.