

PEOPLE SERVED IN 2004

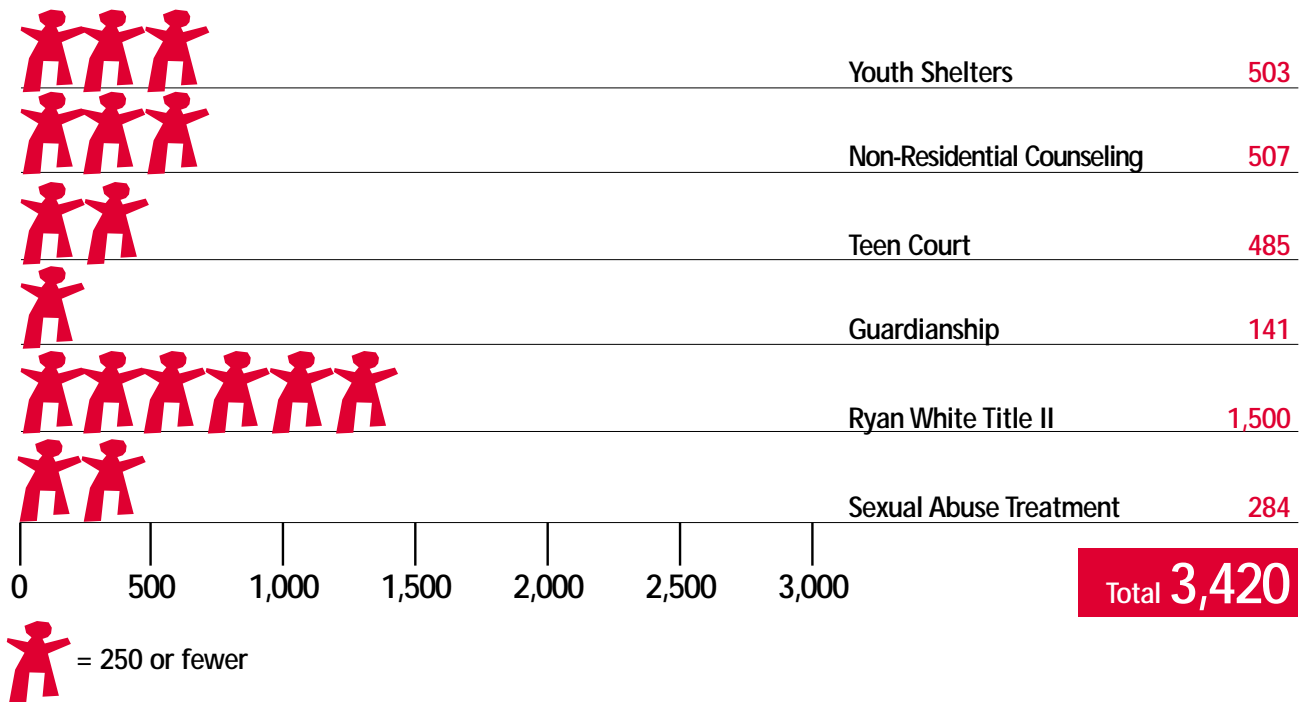


Since 1990, the **LSF Northwest Region** has helped thousands of people in need in the greater Pensacola area, including Escambia, Santa Rosa, Okaloosa, and Walton Counties. The Region offers diverse programs and services to help at-risk children, troubled youths and teen runaways, families in crisis, and the frail elderly.

LSF is the designated Safe Place provider in the greater Pensacola area. Safe Place is a network of voluntary community sites where teens in need of help can go for safe refuge.



Programs



For more information, please call (850) 453-2772

A TROUBLED YOUTH

Janie was experiencing severe mental distress and the LSF Case Managers said that she needed regular counseling sessions with her parents.

After several weeks of family counseling, Janie began to make progress slowly and her behavior improved. Eventually, with the help of the LSF Counselors, Janie learned that she could control her life and have a better future by staying in school and working hard.

It took months, but Janie was able to get back on the right track. Her grades improved, and now she is once again looking forward to going to college.

"I am so grateful to the counselors at LSF for helping my daughter and my family," said Janie's mother. "Now I know she will have a good life," she added.

"Janie is one of thousands of troubled youths who have benefitted from the counseling programs offered by LSF," said Dr. Peter Ledeckey, LSF Vice President, Program Services.



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LSF-NORTHWEST REGION

VOL 3 ISSUE 1



A TROUBLED YOUTH

Janie, 16, was struggling at school. Despite ranking in the 98th percentile on the state's comprehensive assessment test (FCAT), Janie's grades had recently dropped from A's and B's to D's and F's and she was often truant from school. She had started using marijuana and alcohol and had developed serious behavioral problems causing conflict with her peers and teachers.

"Janie learned that she could control her life and have a better future by staying in school and working hard."

When the school social worker was called in, she learned that Janie's parents had recently divorced, her mother was having financial problems, and Janie was under continual stress. The social worker was concerned that Janie was headed for major problems at school and at home, so she referred her to the local LSF family counseling program for assistance.

The LSF Counselors met with Janie and her parents and assessed their immediate and long-term needs. They determined that Janie felt helpless and frustrated because her family was falling apart. She wanted her parents to stay together, but she felt powerless to do anything to make that happen.

