

## DISASTER PREPAREDNESS



# Are You Ready?

The 2009 Hurricane Season officially started on June 1 and will end on November 30. The National Oceanic and Atmospheric Association has predicted a “near normal” season of 9-14 named storms and 1-3 major hurricanes. Are you ready?

### The following few steps will help you in getting prepared:

- Know your home's vulnerability to storm surge, flooding and wind.
- Develop an emergency plan
- Locate a safe room in your home
- Determine escape routes from your home and places to meet
- Have an out-of-state friend as a family contact
- Check your insurance coverage
- Prepare a family disaster kit
- Be sure to have a NOAA weather radio on hand (replace batteries every six months)
- Make plans for your pets if you need to evacuate
- Practice and maintain your plan



## Basic Disaster Supplies Kit

(suggested by FEMA)

- Three-day supply of non-perishable food.
- Three-day supply of water – one gallon of water per person, per day.
- Portable, battery-powered radio or television and extra batteries.
- Flashlight and extra batteries
- First aid kit and manual
- Sanitation and hygiene items
- Matches and waterproof container
- Whistle.
- Extra clothing.
- Kitchen accessories and cooking utensils, including a can opener.
- Photocopies of credit and identification cards.
- Cash and coins.
- Special needs items, such as prescription medication, eye glasses, contact lens solutions, and hearing aid batteries.
- Items for infants, such as formula, diapers, bottles, and pacifiers.
- Copies of your insurance policies.
- Other items to meet your unique family needs.



For more information on disaster preparedness and response please contact: Ms. Danielle Kearney at 1-800- 651-1853



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